ᒪᒥᓴᕐᓗᒍ ᒪᒥᓴᐃᔨᒧᑦ ᐃᓕᓐᓂᐊᕐᓂᕐᓄᑦ

ᖃᐅᔨᒪᔭᒃᓴᐃᑦ

ᐋᖅᑭᒃᓯᒪᓂᖓ

ᐊᑑᑎᖓ: ᐱᕕᖃᖅᑎᓪᓗᒋᑦ ᓄᓇᖃᖅᖄᖅᓯᒪᔪᑦ ᒪᒥᓴᐃᔭᐅᑐᖃᖏᑦ ᐃᑲᔪᓲᓄᑦ ᐊᕐᓇᓂᒃ, ᓂᕕᐊᖅᓴᓂᒃ, ᒪᕿᐃᖓᔪᓂᒃ, ᓇᓕᑐᐃᓐᓈᑐᓂᒡᓗ ᒪᒥᓴᖅᐸᓪᓕᐊᑎᓪᓗᒋᑦ ᒪᒥᓐᓇᓱᒃᑐᒍ ᑕᕐᓂᒃᑯᑦ ᕿᓕᕈᓕᖅᑕᐅᔪᖅ ᓄᓇᖃᖅᖄᖅᓯᒪᔪᓄᑦ ᑐᔪᕐᒥᕕᑦ ᐃᓕᓂᐊᕐᕕᖕᓂᑦ, ᐃᓕᓐᓂᐊᕐᕕᖕᓂᑦ, 1960ᓂ ᕿᑐᖕᒐᐃᖅᑕᐅᔪᓂᑦ ᑭᖑᕝᕕᑎᒍᓪᓗ ᐊᒃᓱᕈᓗᐊᕐᓂᕐᓂᑦ.

ᐱᓐᓇᔭᐅᓇᓱᒃᑐᑦ: ᒪᕐᕉᖕᓄᑦ ᐃᓗᖕᓄᑦ ᑕᐅᑐᒡᓗᓂ ᐊᒃᓱᕈᓗᐊᖅᓯᒪᓂᕐᓂᓪᓗ ᐃᓕᓯᒪᓂᕐᓂᑦ ᐃᓅᓱᒃᑯᑦ ᑕᐃᒪᓐᓇᐅᓇᓱᒋᔭᐅᔪᑦ

ᐱᓕᓇᔭᔪᓲᑦ: ᐊᖕᒪᓗᖅᓯᓯᒪᔪᑦ ᐅᖃᓪᓚᖃᑎᒌᑦ ᐅᖃᖃᑎᒌᓪᓗ

ᐃᓚᐅᔪᑦ: ᐃᖅᑲᓇᐃᔭᖅᑎᑖᕋᓱᒃᓗᑕ ᓄᓇᖃᖅᖄᖅᓯᒪᔪᓂᒃ ᐃᓐᓇᓂᒃ, ᐃᓐᓇᓄᑦ ᐃᑲᔪᖅᑎᓂᒃ, ᒪᒥᓴᐃᔭᐅᑐᖃᓂᒃ, ᓄᓇᓕᖕᓂᓗ ᐃᑲᔪᖅᑎᓂᒃ.

ᖃᐅᔨᔭᐅᔪᑦ ᐃᓚᐅᔪᑦ ᐃᓕᓐᓂᐊᕈᒪᓚᐅᖅᑐᑦ ᐱᕙᓪᓕᕐᓇᕐᓗᓂ ᒪᒥᓴᕐᓂᒃᑯᑦ, ᐃᑲᔪᕐᓗᓂᓗ ᒪᒥᒪᐃᔨᑐᖃᖅᑎᒍᑦ ᓇᓗᓇᐃᒃᑯᑕᓂᒃ ᐃᓕᖅᑯᓯᖏᓐᓂᒡᓗ ᐃᖅᑲᓇᐃᔭᒥ ᐃᒃᐱᒍᓱᖕᓂᒃᑯᑦ ᑕᖃᓗᐊᖅᑐᓂᒃ.

ᐋᖅᑭᒃᓯᒪᓂᖓ: ᒪᕐᕉᖕᓄᑦ ᐃᑲᕐᕋᖕᓄᑦ ᖃᕋᓴᐅᔭᑎᒍᑦ ᐃᓕᓐᓂᐊᕐᓂᖅ ᐃᓗᐃᑦᑐᕐᒧᓪᓗ ᐅᓪᓗᕐᒧᑦ ᑮᓇᒥᑦ ᑮᓇᒧᑦ ᐃᓕᓐᓂᐊᕐᓂᖅ

ᐃᓕᓴᒐᒃᓴᑦ

ᑐᙵᓪᓗᑎᒃ ᖃᐅᔨᓴᐅᔪᓄᑦ ᑐᓴᖅᑎᑦᑎᖃᑎᑏᙱᓂᓪᓄᑦ ᐊᙳᒪᓗᑕᓂᑦ, NWAC ᓴᓇᓚᐅᖅᑐᑦ ᒪᑦᑑᙱᓄᑦ ᐃᑲᕐᕌᙱᓄᑦ ᖃᕋᓴᐅᔭᒃᑯᑦ ᐃᓕᓐᓂᐊᕐᓂᕐᓂᒃ ᐊᑐᐃᓐᓇᐅᓪᓗᑎᒃ ᐃᓄᓕᒫᓄᑦ.

ᐊᕕᒃᓯᒪᔪᖅ 1: ᓇᓗᓇᐃᖅᓯᓂᖅ - ᒪᑐᐃᖅᓯᓂᖅ, ᐳᔪᖅᑎᕐᓂᖅ, ᓄᓇᓂᒃ ᓇᓗᓇᐃᖅᓯᓂᖅ, ᑲᑎᒪᔾᔪᑎᒃᓴᑦ, ᐊᑑᑎᙱ ᖃᓄᐃᓐᓇᓱᒃᑕᙱᓪᓗ ᐃᓕᓐᓂᐊᕐᓂᐅᑉ

- ᐱᓯᒪᓗᑎᑦ "ᐱᓕᕆᔭᕆᐊᓕᙱᒃ" ᓴᖅᑭᔾᔭᖅᑐᓂ ᐃᓱᖅᐸᓪᓕᐊᑎᓪᓗᒋᑦ ᓱᕐᓗ ᔪᒻᑯᑦ ᐱᓕᕆᔾᔪᓰᑦ, ᑐᙵᓴᕐᓗᒋᑦ ᒪᑐᐃᕐᑯᓗᒋᑦ ᓴᓇᔭᒃᓴᙱᑦ, ᐃᒥᕐᑯᓗᒋᑦ ᑏᑐᕐᓗᑎᒡᔫᓐᓃᑦ
- ᐊᐅᓚᑦᑎᔨ ᐃᒻᒥᓂᒃ ᓇᓗᓇᐃᕐᓗᑎᒃ ᓇᓂᕐᒥᐅᓂᕐᒥᓂᒡᓗ. ᐅᖃᐅᓯᕆᙱᓪᒍ ᐃᓐᓇᖅ.
- ᑐᓴᖅᑎᓪᓗᒋᑦ ᐃᓄᐃᑦ ᑭᓱᓂᒃ ᐅᕐᑯᐊᓯᖃᕐᓂᐊᕐᒪᙱᑕ ᐊᒃᓱᕈᕐᓇᑐᐃᓐᓇᕆᐊᖃᕐᓗᓂ ᓈᓚᒋᐊᒃᓴᖅ. ᓈᒻᒪᒃᑐᓂᒃ ᐊᑐᒐᒃᓴᖃᖅᑎᑦᑎᓗᓂ

ᐊᕕᒃᓯᒪᔪᖅ 2: ᖃᐅᔨᒪᓂᐊᕈᕕᑦ ᓇᒧᙵᐅᓂᕐᓂᒃ, ᖃᐅᔨᒪᔾᕆᐊᖃᖅᐳᑎᑦ ᓇᑭᙵᕐᓂᕐᓂᒃ.

- ᐅᖃᐅᓯᕆᓗᒋᑦ ᕿᒪᒃᑕᑦᑎᓐᓂᑦ ᓇᓚᐊᓪᓗᐊᑕᕐᓂᒃ ᕿᑐᕐᙵᕐᖃᕈᓐᓇᖅᑎᑦᑎᓃᑦ, ᓄᓇᖃᖅᖃᖅᓯᒪᔪᑦ ᐃᓕᖅᑯᓯᑐᖃᙱᓐᓄᑦ ᑐᕐᑯᕐᖅᑕᐅᓂᙱᑦ, ᖃᓄᐃᓚᐅᖅᐸᑦ ᓄᓇᐃᖅᑕᐅᓕᖅᑎᓪᓗᒋᑦ ᖃᓄᐃᒻᒪᓪᓗ?
- ᐃᓚᐅᔪᑦ ᐱᒋᐊᕐᑯᓗᒋᑦ ᓴᓇᓂᐊᖅᑕᒥᓂᒃ. ᐅᖃᐅᓯᕆᔭᐅᔪᑦ ᐊᒃᓱᕈᓇᓪᓚᒍᓐᓇᕐᒪᙱᑕ, ᐱᐅᕗᑦ ᐃᓚᐅᔪᑦ ᐱᓕᕆᓗᑎᒃ ᐊᒡᒐᒥᓄᑦ ᓈᓚᙱᓂᕐᒥᓂ

ᐊᕕᒃᓯᒪᔪᖅ 3: ᐅᓂᒃᑳᖅᑐᐊᕐᓂᖅ ᑭᓱᓕᐅᕐᓇᕐᓂᕐᓗ

- ᑐᙵᓴᕐᓗᒍ ᐃᓐᓇᖅ ᐅᓂᒃᑳᕐᑯᓗᒍ ᓂᕈᐊᖅᑕᒥᓂᒃ
- ᐃᓱᒪᖅᓲᑕᐅᔪᖅ ᐃᓐᓇᕐᒧᑦ ᐃᓚᐅᔪᑦ ᐱᓕᕆᓐᓇᕈᓐᓇᕐᒪᙱᑕ ᓴᓇᔭᒥᓂᒃ ᓈᓚᙱᓂᕐᒥᓂ

ᑕᕐᑲᐃᖅᓱᖅ: 10-15 ᒥᓂᑦᓴ

ᐊᕕᒃᓯᒪᔪᖅ 4: ᐃᒻᒥᓄᑦ ᐸᖅᑭᔾᔪᑏᑦ ᐃᒃᐱᒍᓱᙱᓂᕐᓂᓪᓗ ᑕᕐᑲᓗᐊᕐᓃᑦ

- ᐅᕐᑯᐊᓯᕆᓗᒍ ᐃᖅᑲᓇᐃᔭᒥ ᐃᒃᐱᒍᓱᙱᓂᕐᓄᑦ ᑕᕐᑲᓗᐊᒪᔾᕐᓂᖅ ᑭᓱᙱᒪᙱᑦ ᖃᓄᕐᓗ ᑐᑭᔾᔭᐅᙱᒪᙱᑦ ᓄᓇᕐᑲᖅᖃᖅᓯᒪᔪᑎᒍᑦ
- ᐃᒻᒥᓄᑦ ᐸᖅᑭᓂᕐᓄᑦ ᐱᓕᕆᔾᔪᓰᑦ ᖃᓄᖅᑑᕈᑏᓗ ᓵᓚᒋᓇᓱᒃᓗᒍ ᐃᒃᐱᒍᓱᙱᓂᕐᓄᑦ ᑕᕐᑲᓗᐊᒪᔾᕐᓂᖅ

ᐊᕕᒃᓯᒪᔪᖅ 5: ᐅᖃᖃᑎᑏᒃᑐᑦ "ᑕᑯᑎ ᐅᖃᐅᑎᓗ"

RESILIENCY Lodge

Native Women's Association of Canada
L'Association des femmes autochtones du Canada

ᓱᓕᒃᑲᓐᓃᑦ ᐊᑐᕐᓂᐊᖅᑐᑦ

ᓴᓇᐅᒐᓄᑦ ᐊᑐᕐᓂᐊᖅᑐᑦ

- ᑭᑐᑦᑐᒐᐅᔭᖅ ᐃᒃᓱᐊᕐᕕᒃ
- ᐊᐅᒃᑕᔫᓕᒃ ᐊᒥᐊᕈᑦ
- ᐊᒥᐊᕈᑏᑦ
- ᕿᕐᓂᖅᑕᖅ ᐸᐃᑉᐹᖅ

ᐃᒻᒥᓄᑦ ᐸᖅᑭᔾᔪᑏᑦ

- ᐱᕈᖅᑐᑦ ᐱᕈᖅᓯᐊᒃᓴᖏᑦ
- ᑎᑎᕋᖅᓯᒪᖏᑦᑐᖅ ᑎᑎᕋᕐᕕᒃᓴᖅ
- ᑯᔭᓕᓂᕐᓄᑦ ᑎᑎᕋᖅᑕᑦᑕᕐᓂᖅ ᖃᕋᓴᐅᔭᒃᑯᑦ ᑐᓴᒐᒃᓴᒃᑯᑦ ᑎᓕᐅᕈᑎᖃᖅᓱᑎᒃ
- ᐃᕕᓂᑦ ᑎ
- ᐸᑎᐅᔭᑦ
- ᐅᖃᓕᒫᒐᖅ
- ᐊᒥᐊᒐᒃᓴᑦ
- ᑕᖅᓴᓖᑦ ᑎᑎᕋᐅᑎᑦ
- ᑎᑎᕋᐅᑎᒧᑦ ᐅᐱᒃᓴᐅᑎ
- ᐃᔾᔪᕐᓇᐃᑦᑐᑦ ᐃᓅᓕᓴᐅᑎ

ᑎᓕᐅᕈᑕᐅᔪᑦ ᐊᑐᒐᒃᓴᑦ

- NWAC ᓄᓇᖃᖅᖅᑳᖅᓯᒪᔪᑦ ᐃᒻᒥᓄᑦ ᐸᖅᑭᔾᔪᑏᑦ ᖃᕋᓴᐅᔭᒃᑯᑦ ᑐᓴᒐᒃᓴᑦ
- NWAC ᖁᔭᓕᓂᕐᓂᒃ ᑎᑎᕋᖅᑕᑦᑕᕐᓂᕐᓄᑦ ᖃᕋᓴᐅᔭᒃᑯᑦ ᑐᓴᒐᒃᓴᑦ
- NWAC ᐃᓱᒪᒃᓴᖅᓯᐅᕈᑏᑦ ᐃᒻᒥᓄᑦ ᐸᖅᑭᔾᔪᑏᑦ ᖃᕋᓴᐅᔭᒃᑯᑦ ᑐᓴᒐᒃᓴᑦ

ᐅᖃᓕᒫᒐᖅ ᑎᓕᐅᕈᑕᐅᔪᖅ ᐃᓕᓐᓂᐊᖅᑐᓂᑦ ᐃᑲᒫᑎᓄᑦ

ᐱᕋᐃᔪᖅ ᓱᕕᑦᒍᕋᕐᒥᒃ ᕋᐱᓐ ᑭᒧᕈ ᑎᑎᕋᖅᑕᖓ

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RESILIENCY Lodge

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ᐃᓐᓇᕐᓄᑦ ᐱᓕᕆᔾᔪᓰᑦ

- ᖁᔭᒋᓗᒍ ᐃᓐᓇᖅ ᑐᓂᓗᒍᓗ ᓈᒻᒪᒃᑐᓂᒃ ᑲᑎᒪᔾᔪᓯᐊᕈᑎᓂᒃ ᑐᓐᓂᖅᑯᑎᒥᒃᓗ ᐱᔭᕇᑐᐊᕈᑎᒃ ᐃᓕᓐᓂᐊᖅᑐᑦ
- ᐊᐱᕆᓗᒍ ᐊᐅᓚᑦᒧᖅ ᐃᓐᓇᖅ ᒪᑐᐃᖁᓗᒍ ᑲᑎᒪᓂᖅ ᓇᓗᓇᐃᖅᓯᓗᓂ ᑐᒃᓯᐊᖁᓂᒃᑯᑦᓗ. ᒪᓕᔅᓗᒋᑦ ᐱᓕᕆᔾᔪᓰᑦ.
- ᑭᓱᒥᒃ ᐅᓂᒃᑳᕈᓂ ᐃᓱᒪᖅᓲᑕᐅᖕᒪᑦ ᐃᓐᓇᕐᒧᑦ ᓂᑦᓕᑲᑕᖕᒋᑦᓗᑎᒃ ᐅᓂᒃᑳᖁᓂᖕᒐᓂ
- ᖃᐅᔨᓴᕐᓗᓂ ᐃᓐᓇᕐᒧᑦ ᓱᕈᑕᐅᖕᒋᒻᒪᖕᒑᑦ ᐃᓚᐅᔪᑦ ᐊᒥᐊᕆᒍᑎᒃ ᐅᓂᒃᑳᖁᓂᖕᒋᓐᓂ.
- ᑭᒃᑯᓕᒫᑦ ᐅᖃᑦᓚᐅᑎᖕᒋᑦ ᖃᒥᖕᒑᖅᑎᑦᓗᒋᑦ ᐅᓂᒃᑳᖅᑎᑦᓗᒋᑦ.
- ᐃᓐᓇᒥᒃ ᐊᐱᓕᕆᓗᓂ ᒪᑐᖁᓗᒍ ᐃᓕᓐᓂᐊᖅᑐᑦ ᑐᒃᓯᐊᖁᓂᒃᑯᑦ.
- ᑐᓂᓗᒍ ᐃᓐᓇᖅ ᓴᓇᔭᒃᓴᓂᒃ ᑲᑎᓯᒪᔪᓂᒡᓗ

ᐃᓱᒪᒋᔭᕆᐊᓪᓕᑦ ᐊᑐᓂ ᐃᓕᓐᓇᐅᓚᐅᙱᑎᓪᓗᒋᑦ:

- ᐃᓐᓇᐃᑦ ᐃᓚᐅᑎᓪᓗᒋᑦ: ᑎᓕᐅᕈᑕᐅᓪᓚᒃᑐᖅ ᐃᓐᓇᖅᑕᖃᕐᓗᓂ ᒪᑐᐃᕐᓗᒋᑦ ᒪᑐᓗᒋᓪᓗ ᐃᓕᓐᓂᐊᕐᓃᑦ ᐃᓄᑑᕕᖕᒦᓪᓗᓂᓗ ᐃᑲᔪᕐᓂᐊᕋᒥ ᑭᓇᑐᐃᓐᓇᕐᒥᒃ ᐊᒃᓱᕈᑎᖃᑐᐃᓐᓇᕆᐊᓕᖕᒥᒃ ᐅᖃᐅᓯᕆᔭᐅᔪᓂᒃ.
- ᓇᓗᓇᐃᕐᓗᒍ ᐊᐅᓚᑦᑎᔨ ᒪᓕᒃᓗᒋᑦ ᓈᓚᒃᑐᑦ. ᐊᕐᓇᐃᑦ, ᓂᕕᐊᖅᓴᑦ, ᒪᕿᐃᖓᔪᓪᓗ, ᐊᓱᙳᖅᑎᑕᐅᓯᒪᔪᓄᑦ ᓇᓕᐊᙳᖅᑐᓪᓗ ᓄᓇᖃᖅᑳᖅᓯᒪᖕᒋᒃᑯᑎᒃ, ᐃᑲᔪᖅᑎᖃᕈᓐᓇᖅᐳᑎᑦ, ᓄᓇᖃᖅᑳᖅᓯᒪᖕᒋᑦᑐᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓪᓗ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᓄᑐᐊᕐᔫᓐᓃᑦ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᒥᒃ ᐊᐅᓚᑦᑎᔨᖃᕐᓗᑎᑦ.
- ᑕᖃᐃᖅᓯᒐᓚᒃᐸᒡᓗᓯ. ᐃᑲᔫᑕᐅᓗᑎᒃ ᐊᒃᓱᕈᕐᓇᖅᑐᑦ ᐅᖃᐅᓯᐅᔪᑦ, ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑎᑐᑦ ᐊᔪᕈᓐᓃᖅᓴᓃᑦ ᐊᑐᐃᓐᓇᐅᓕᕐᓂᖅᓴᐅᓗᓂ, ᑕᖃᐃᖅᓯᖃᑕᕐᑯᔭᐅᓪᓚᒃᐳᑦ.
- ᑲᑎᒪᔾᔪᑎᒃᓴᖃᕐᓗᓂ: ᐃᓚᐅᔪᑦ ᖃᐅᔨᒪᔭᐃᕋᖃᖅᐳᑦ ᑭᓯᓂᒃ ᐅᖃᐅᓯᖃᕐᓂᐊᕐᒪᖔᑕ ᖃᓄᕐᓗ ᐸᕐᓇᑦᑎᐊᓛᖑᔭᕆᐊᒃᓴᖅ ᐃᓕᓐᓂᐊᖅᑕᐅᔪᓂ ᐊᑐᕆᐊᖃᕐᓂᐊᖅᑐᓄᑦ.
- ᐅᓄᓛᖕᒋᑦ 35 ᐃᓄᐃᑦ ᑎᓕᐅᕈᑕᐅᔪᑦ.
- ᑎᑎᕋᑎᒍᑦ ᑭᓱᓕᕆᔾᔪᑏᑦ ᓇᒃᓯᐅᑎᓗᒋᑦ ᐃᓚᐅᔪᓄᑦ ᓯᕗᓂᐊᒍᑦ.

ᑲᑎᒪᑎᓪᓗᒋᑦ

- ᐃᓄᑑᕕᖃᕐᓗᓂ ᐊᓯᐊᓂᔫᓐᓃᑦ ᐅᐸᒐᕕᒃᓴᒥᒃ ᓄᓇᖃᖅᑳᖅᓯᒪᔪᑦ ᐃᓄᐃᑦ ᐅᐸᒍᓐᓇᖅᑕᖕᒋᓐᓂᒃ ᐊᑦᑕᕐᓇᖕᒋᑦᑐᒃᑯᑦ ᖃᕋᓴᐅᔭᑎᒍᑦ ᓱᓕᒃᑲᓐᓂᕐᓄᑦ ᐃᑲᔪᖅᑕᐅᔭᕆᐊᖃᕈᑎᒃ ᐃᓐᓇᕐᒥᑦ.
- ᐃᓐᓇᑦ ᐃᓚᐅᔪᑦ ᑐᙵᓱᒃᑎᓪᓗᒋᑦ.
- ᓵᓪᓗᒍ ᒪᓕᒃᑕᐅᑎᓪᓗᒍᓗ ᒪᓂᔾᔭᖕᒋᑦᑐᐊᖅᑐᒥᒃ ᐅᕕᖃᑎᖃᕆᙱᑕᒥᓄᑦ ᐱᐅᒃᓴᖕᒋᑦᑐᓂᒃ, ᐊᕐᓇᐅᓂᕐᓄᑦ, ᐊᖑᑎᐅᖃᑎᖃᕐᓂᕐᓄᑦ, ᐊᓱᙳᖅᑎᑕᐅᓯᒪᔪᓂᒃ ᐱᐅᒃᓴᖕᒋᓐᓂᕐᓄᑦ, ᑎᒥᒃᑯᓪᓗᓐᓃᑦ ᐊᔪᕈᑎᓕᖕᓂᒃ ᐱᐅᒃᓴᖕᒋᓐᓂᕐᓂᒃ, ᐅᖃᖅᑐᓂᒡᓗᓐᓃᑦ ᐃᓕᓐᓂᐊᕐᓂᖕᒋᓐᓂ.

ᑲᑎᒪᔭᕇᑐᐊᕈᑎᒃ

- ᖁᔭᒋᓗᒍ ᐊᐅᓚᑦᑎᔨ (ᑐᓂᓗᒍ ᑐᓐᓂᖅᑯᑎ ᑲᑎᒪᖃᑕᐅᔾᔪᓯᐊᕐᓗᓐᓂᑦ ᑎᒥᕕᑦ ᐃᓚᒋᖕᒋᒃᑯᓂᒋᑦ).
- ᖃᕋᓴᐅᔭᒃᑯᑦ ᑎᑎᕋᕕᒋᓗᒋᑦ 'ᖁᔭᓐᓇᒦᕐᓗᒋᑦ' ᑐᓂᓯᓗᑎᓪᓗ ᓱᓕᒃᑲᓐᓂᕐᓂᒃ ᐊᑐᒐᒃᓴᓂᒃ ᑐᒃᓯᕋᐅᑕᐅᔪᓂᒃ
- ᑎᑎᕋᖃᕐᓗᑎᑦ ᐃᓐᓇᓄᑦ, ᐊᑐᒐᒃᓴᓄᑦ, ᐃᑲᔪᖅᑎᓂᒃ ᐊᒃᓱᕈᓗᐊᖅᑐᓄᑦ ᑕᓚᕗᒃᑯᑦ ᐊᑐᐃᓐᓇᐅᑎᑦᑎᓗᑎᒃ ᑲᓇᑕᓕᒫᒧᑦ, ᐊᕕᒃᓯᒪᔪᓄᑦ, ᓄᓇᓕᖕᒋᓐᓄᓪᓗᓐᓃᑦ.