

# WALKING THE **RED** PATH PROJECT



## **Employee Resource Booklet: Walking the R.E.D Path Project**



This booklet serves as a guide for correctional employees to locate essential resources to enhance their support for Indigenous Women, Two-Spirit, Transgender and Gender Diverse residents. It contains resources for topics such as trauma, sexually transmitted blood-borne infections (STBBIs), HIV, and HCV.



Native Women's  
Association of Canada  
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L'Association des  
femmes autochtones  
du Canada

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# Hope for Wellness Helpline

Connect to Crisis Intervention counsellors  
24/7, Toll-Free

Available in English, French, Cree, Ojibway  
and Inuktitut

Online Chat Support Available

[hopeforwellness.ca](http://hopeforwellness.ca)

Toll free: 1-855-242-  
3310





# Talk 4 Healing - Talk, Text, Chat

A helpline by Indigenous Womxn for  
Indigenous Womxn, 24 hours a day 7  
days a week

Available in 14 Indigenous languages,  
English and French

1 855 554 HEAL  
Talk  Healing  
TALK • TEXT • CHAT  
BEENDIGEN.COM

1-855-554-4325

# **Nine Circles Community Health Centre**

Empowers communities and individuals to make informed choices based on accurate information and have a range of choices without judgement

**[ninecircles.ca](http://ninecircles.ca)**

**Toll Free: 1-888-305-8647**

After hours health questions: call Health Links at 204-788-8200 or toll-free 1-888-315-9257

They also have questions about STBBI's answered here:

**[sexfriendlymb.ninecircles.ca](http://sexfriendlymb.ninecircles.ca)**

**ninecircles**  
COMMUNITY HEALTH CENTRE

# **Atlohsa Family Healing Services**

A non-profit, charitable organization, strengthening community through Indigenous-led programs and services that offer holistic healing and wellness.

24-Hour Crisis Line: 1-800-605-7477  
[atlohsa.com](http://atlohsa.com)



**ATLOHSA**



# **KUU-US Crisis**

## **Response Services**

FIRST NATIONS AND ABORIGINAL  
PEOPLES HELPING FIRST NATIONS  
AND ABORIGINAL PEOPLES

Culturally Safe help available 7 days  
a week, 24 hours a day

1-800-588-8717

Adult/Elder: 250-723-4050

Child/Youth: 250-723-2040

[www.kuu-uscrisisline.com/24-hour-crisis-line](http://www.kuu-uscrisisline.com/24-hour-crisis-line)



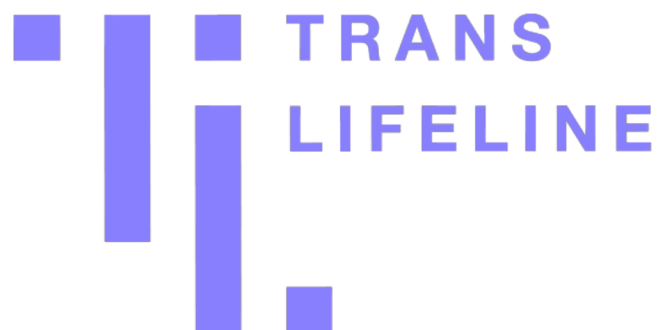
# Trans Lifeline

Trans peer support; ran by Trans people  
for Trans People

If you need someone Trans to talk to,  
even if you're not in crisis or if you're  
not sure you're Trans.

1 (877) 330-6366

[translifeline.org](http://translifeline.org)



# 2-Spirited People of the 1st Nations

2-Spirited People of the 1st Nations has  
counselling and Elder Supports  
available for First Nations, Métis and  
Inuit Peoples by request.

Call: (416)944-9300

[support@2spirits.org](mailto:support@2spirits.org)

[2spirits.org](http://2spirits.org)





# Indigenous Services Canada

The National Indian Residential School  
Crisis Line provides toll-free: 1-866-  
925-4419. 24-hour crisis support to  
former Indian Residential School  
students

MMIWG Crisis Line toll-free: 1-844-  
413-6649. Individuals impacted by the  
issue of Missing and Murdered  
Indigenous Women and Girls

**ISC** INDIGENOUS  
SERVICES  
CANADA



# Canadian Association for Suicide Prevention

Toll-Free number if you are having  
suicidal thoughts and need immediate  
support

Call Talk Suicide Canada 1-833-456-  
4566

[suicideprevention.ca](http://suicideprevention.ca)



**CASP** CANADIAN ASSOCIATION  
FOR SUICIDE PREVENTION

**ACPS** ASSOCIATION CANADIENNE POUR  
LA PRÉVENTION DU SUICIDE

# **Native Women's Association of Canada: Culturally Safe and Trauma-Informed Knowledge Hub - Ask Auntie**

Ask anonymous questions about  
STBBIs, HIV, HCV, relationships,  
sexuality and other questions you want  
an answer to:

[stbbi.nwac.ca/ask-auntie/](http://stbbi.nwac.ca/ask-auntie/)

Also check out the main website that has a list of  
available STBBI services near you and other cool  
information!

[stbbi.nwac.ca](http://stbbi.nwac.ca)



# **Sexual Health Community Resources: Alberta**

Northern Alberta Program - Royal Alexandra  
Hospital, 10240 Kingsway NW, Room CSC 137,  
Edmonton 780-735-4111

Northern Alberta Program, Kaye Edmonton Clinic,  
11400 University Ave, 3A.101, Edmonton 780-407-  
5075

Sexually Transmitted Infections (STI) Clinic  
Edmonton General Continuing Care Centre  
1111 Jasper Avenue  
Edmonton, Alberta  
T5K 0L4  
1-855-945-6700 ext. 2  
811 (Confidential 24/7 STI and Health Advice)

# **Sexual Health Community Resources: British Columbia**

Lu'ma Medical Centre, 2970 Nanaimo St, Vancouver  
604-558-8822

Dr. Peter Centre 1110 Comox St, Vancouver  
604-608-1874

Sexual Health Clinic  
Abbotsford Community Hub Centre  
Unit 108, 32883 South Fraser Way  
Abbotsford  
B.C.V2S 2A6

To book an appointment: 604-702-4906.

Abbotsford Options for Sexual Health Clinic  
#104-34194 Marshall Rd, Abbotsford, BC V2S 1L9  
+1 604-302-4734  
[optionsforsexualhealth.org](http://optionsforsexualhealth.org)

# **Sexual Health Community Resources: Quebec**

Chronic Viral Illness Service - (McGill University Health Centre), 1001 Bd Décarie, Glen Site D 02.4110, Montréal 514-934-8488

CHU Sainte-Justine - Clinique du VIH, 3175 Chemin de la Côte-Sainte-Catherine, Montréal 514-345-4931

CCLSC de Joliette  
380, boulevard Base-de-Roc Joliette, Québec J6E  
9J6  
450-755-2111

Integrated Center for Health and Social Services  
Lanaudière  
260 Rue Lavaltrie S, Joliette, QC J6E 5X7  
(450) 756-4555



# **Sexual Health Community Resources: Nova Scotia**

Truro Sexual Health Centre  
Fundy Trail Mall, 68 Robie Street, Truro NS,  
Suite 130

Wednesday Nights 5pm – 8pm • No Referral  
Needed • Book an Appointment  
902-956-1550

Northern Healthy Connections Society

33 Pleasant St, Truro NS

Open 8:30 am – 4:30 pm

Monday – Friday

Admin and On-site: (902) 895-0931

Mobile Outreach: (902) 956-3965

Direction 180, 2151 Gottingen St, Halifax

(902) 420-0566

# **Sexual Health Community Resources: Saskatchewan**

Maple Creek: Primary HealthCare Centre

102 5th Avenue W

Maple Creek, SK

Services: Sexual health testing

Sexual health treatment

Sexual health support and education

Take-Home Naloxone

306-662-2829

1-866-786-2510

NorthSide Medical Sexual Health Clinic

1921 Saskatchewan Drive, Swift Current, SK

- STI Testing & Treatment
- Pap Tests
- Pregnancy Test
- Pregnancy Options Counselling

Phone: 306-773-9100

# **Sexual Health Community Resources: Ontario**

HIV/AIDS Resources & Community Health  
(ARCH), 77 Westmount Rd, 110, Guelph 519-780-  
5298  
or 1 800 780-5298

Waterloo Public Health - Sexual Health Program,  
99 Regina St S, Waterloo 519-883-2267

The AIDS Committee of Cambridge, Kitchener,  
Waterloo and Area, 1770 King St E, Kitchener  
519-570-3687

OATC Kitchener, 509 Park St, Kitchener  
519-746-1919

# Sexual Health Resources in the Institution

Upon arrival, residents undergo an assessment and tests, STBBI, HIV and HCV tests are included.

Residents have a right to be screened/tested. It is recommended for the individuals to be tested every 3-6 months to prevent transmission and avoid unnecessary negative health outcomes.

If a resident is requesting testing, support them to submit a request to health services.

CSC provides HIV Treatment (Antiretroviral Therapies) and HCV Treatment as well as STBBI antibiotics.

CSC also provides access to PReP and PeP.

Coverage can also be granted under NIHB, if CSC coverage doesn't suffice.

# Sexual Health Resources in the Institution

We understand that relationships are typically discouraged while in the institution, but we know that they are still happening. Instead we should be supplying resources that reduce the possibility of transmission, instead of further stigmatizing these acts.

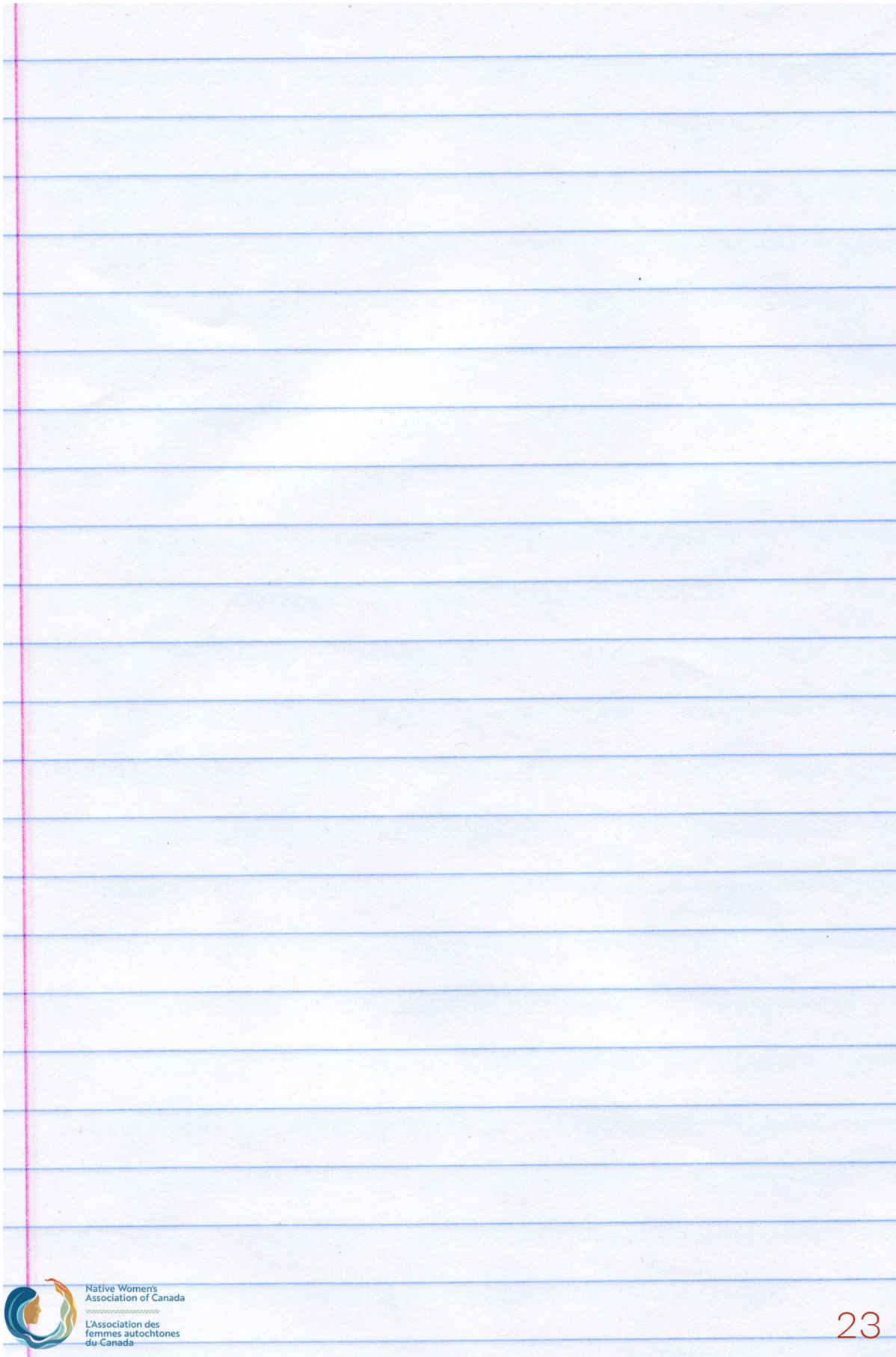
We can prevent transmission of STBBIs, HIV and HCV  
by:

- Getting Tested every 3-6 Months
- Getting Tested every time you have a new partner
- Using preventative measures such as condoms, lube and dental dams.
- Accessing treatment and taking treatment as prescribed
- Addressing stigma and barriers to sexual health services
- Supporting safe-sex and harm reduction practices

# Notes:



# Notes:





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Association of Canada  
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femmes autochtones  
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